



WYLDE

ALLERGEN INFORMATION

BAKERY RANGE

Croissant	Gluten (W), Dairy, Egg, Soya, (trace - Nuts, Sesame)
Almond Croissant	Gluten (W), Dairy, Egg, Soya, Nuts (A) (trace - Sesame)
Pain Au Chocolate	Gluten (W), Dairy, Egg, Soya, (trace - Nuts, Sesame)
Sausage Roll	Gluten (O), Gluten (W), Dairy, Mustard
Vegan Sausage Roll	Gluten (W), Sulphites

PATISSERIE

Brownie	Gluten, Milk, Egg, Nuts, Soya
Caramel	Gluten, Milk, Soya
Rocky road	Gluten, Milk, Soya
Malteser square	Gluten, Milk, Soya
Toblerone square	Gluten, Milk, Soya, Nuts
Nutella square	Gluten, Milk, Soya, Nuts
Snickers rocky road	Gluten, Milk, Soya, Nuts
Muffins	Gluten, Milk, Soya, Egg
Emile Special	Gluten, Milk, Egg, Soya, Nuts
Mini Chocolate Fudge Cake	Gluten, Milk, Egg, Soya
Strawberry Cheese Cake	Gluten, Milk, Egg, Soya
Nutella Cheese Cake	Gluten, Milk, Soya, Nuts (No Egg)
Baileys & Caramel Cheese Cake	Gluten, Milk, (No Egg)
Banoffee	Gluten, Milk, Egg, Soya
Sticky Toffee	Gluten, Milk, Egg
Brown Merveilleux	Gluten, Milk, Egg, Soya, Nuts
White Merveilleux	Gluten, Milk, Egg, Soya
Mixed Berry Crumble	Gluten, Milk, Egg,
Emile White	Gluten, Milk, Egg, Soya, Nuts
Praline Eclair	Gluten, Milk, Egg, Nuts Soya
Byzantine	Gluten, Milk, Soya, Nuts, Egg
Raspberry & Dark Chocolate Verrine	Milk, Egg, Soya
GF Carrot Cake	Milk, Egg, Nuts
GF Banana Square	Milk, Egg, Nuts
GF Chocolate Fudge	Milk, Egg, Soya, Nuts
GF Macaroon	Milk, Egg, Soya, sulphites (in the desiccated coconut)
GF Brownie	Milk, Egg, Soya, Nuts
Carrot cake	Gluten, Milk, Egg, Nuts
Chocolate fudge cake	Gluten, Milk, Egg, Soya
Chocolate mousse cake	Gluten, Milk, Egg, Soya
Red velvet cake	Gluten, Milk, Egg, Soya
Ombre Cake	Gluten, Milk, Egg, Nuts

ACAI

Peanut butter

Yoghurts

Acai

Granolas

Strawberry and Vanilla Granola

Desiccated Coconut

Dried Banana

peanuts

One contains dairy One is Vegan Friendly (Oat Milk)

Vegan

Gluten Free (regular is vegan)

Honey (Not Vegan friendly)

Sulphites

Sulphites

BREADS

Sourdough Loaf

White Bloomer

Brown Bloomer

Beetroot Wrap

Tortilla Wrap

Gluten Free Bread

Gluten (W), Dairy, Egg, Sesame, Soya

Gluten (W), Soya (trace - Nuts, Sesame)

Gluten (W), Soya (trace - Nuts, Sesame)

Gluten (W) (Suitable for Vegan)

Gluten (W), (O) (Suitable for Vegan)

Soya

SALADS

Duo of Grain Salad

Shredded Carrot and Seed Salad

Chickpea and Red Pepper Salad

Beetroot, Carrot and Onion Salad

Butternut squash & Dukka

Hummus; Yellow Split Pea

Hummus; Beetroot

Hummus ; Sweet Potato

Coleslaw

Gluten (W), Soya

Gluten (W), Mustard, Sesame

(trace Sesame)

(trace Sesame)

Nuts, Sulphites

Sulphites, Sesame

Sulphites, Sesame

Sulphites, Sesame

Egg, Sulphites

DRESSINGS

Caesar Dressing

Lemon Dressing

Balsamic Dressing

Red Pepper Coulis

Pesto Mayo

Dairy, Fish, Egg, Sulphites

Mustard, Sulphites

Mustard

Egg, Dairy

HOT MENU

Chicken

Beef Bourguignon

Sweet Potato Curry

Beef Stroganoff

Roasted Aubergine

Gluten (W), (trace of fish, (fryer oil)

Dairy, Mustard, Soya, Celery, Sulphites,

Celery

Gluten (W), Dairy, Soya, Celery, Sulphites

Nuts, Celery